

**** Gold Country Grand Prix Series – Race #6 ****
Bear River Fun Run – 5k Run or Walk
Saturday, August 4, 2012 – 8:00 a.m. Start

This fun run/walk will benefit the Bear River High School Cross Country Team and the South Nevada County Chamber's scholarship fund for Bear River High School and Forest Lake Christian High School

Course: Begins at Bear River High School track, through a cross country course, and back to track to finish (dirt & paved terrain). No dogs are allowed on course. Strollers are allowed with the 5K walkers only - *and at your own risk*

FEE SCHEDULE: (commemorative item only to entries postmarked by 7/24/12)

Runners & Walkers: \$20.00 thru July 24th (includes commemorative item) \$25.00 July 25th – August 3rd
 AGE 10 & UNDER: \$10.00 thru July 24th (includes commemorative item) \$15.00 July 25th – August 3rd

****** Race day registration: 7:00 a.m. – 7:40 a.m. ******

AWARDS: Will be presented for male and female overall fastest and Top 3 in each age division for 5k runners
 Walkers will not receive awards or be timed

For further information and registration contact: LeeAnn Halleib with the South Nevada County Chamber of Commerce at (530) 308-6959 or e-mail at lhalleib@yahoo.com

For mail-in pre-registration return the bottom portion of this form with a check made payable to SNCC and mail (postmarked by July 24th) to:
 Suddenlink - 10101 Streeter Road, Ste. I, Auburn, CA 95602 Attn: Bear River Fun Run

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PLEASE CIRCLE/COMPLETE ALL APPROPRIATE INFORMATION – ONE FORM PER ENTRANT

MALE or FEMALE 5 K RUN or 5K WALK

AGE DIVISIONS (Your age on race day - 8/6/11):

10 & under 11-14 15-18 19-29 30-39 40-49 50-59 60-69 70 & over

T-SHIRT SIZE:

Youth S _____ M _____ L _____ or Adult S _____ M _____ L _____ XL _____ XXL _____

Name (print clearly) _____ E-Mail _____

Address _____

City _____ State _____ Zip _____ Phone _____

Date of Birth _____ Age on August 4, 2012 _____

PLEASE READ, SIGN & DATE: One form per entrant

I know that running and walking in races are potentially hazardous activities. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any ability to safely complete the run. I assume all risks associated with running/walking in this race, including, but not limited to, falls, contact with other participants, the effects of the weather, the conditions of the roads and trails, and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of acceptance of my application for this race, I, for myself and anyone entitled to and on my behalf, waive and release Bear River High School and South Nevada County Chamber of Commerce and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this race even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I attest that I am physically fit and sufficiently trained for this competition. As part of this waiver, I acknowledge that I have read and understand all of the above.

Signature _____ Date _____

(Must be signed by parent or guardian if participant is under age 18)